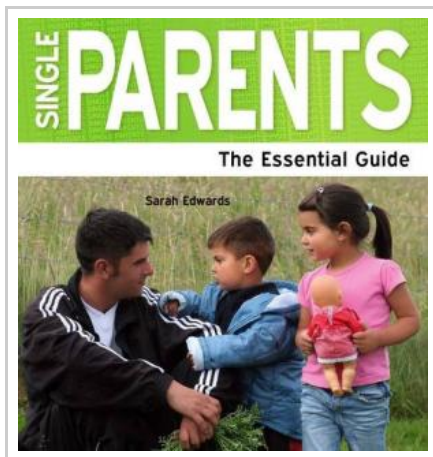




Single Parents: The Essential Guide (Revised edition)

By Sarah Edwards

Need2Know. Paperback. Book Condition: new. BRAND NEW, Single Parents: The Essential Guide (Revised edition), Sarah Edwards, Becoming a single parent is a shock - there is no doubt about it. Bringing up children is hard enough when you have a partner, but when you suddenly find yourself responsible for absolutely everything, your life changes forever. Written by a single parent, this book provides you with all the advice and support you need to get your life back on track. Its easy-to-read style guides you through a series of steps to help you cope with your new situation: from breaking the news to your children and managing the home to controlling the family finances and dealing with new relationships. Practical strategies will also offer solutions that will make your life easier, happier and less stressful, proving that it is possible to achieve a balance between household chores and relaxation. This is a book for anyone who will be bringing up their children on their own and for anyone who wants to know more, be that a relative, a family friend or a professional. Everyones situation is different and it is important to remember that you are not alone.



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