



Parenting Outside the Box: A Different Way of Being for Parents of Teenagers (Paperback)

By Frank Shapiro

Outskirts Press, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. A Must-Read For Parents With Teenagers In this concise and unique program, psychotherapist and teen expert Frank Shapiro leads you past behavior management into the realm of character development - but it s not your teenager who has to change. It s you, the parent. The changes you make in yourself influence change in your teenager, and the power struggles that typify the parent-teen relationship are transcended. Parenting Outside The Box is designed to develop your way of being. Once you understand and practice how to be, what you do in specific situations naturally follows. To reach this higher level of being, the author outlines seven essential strategies: Take Responsibility For The Relationship; Parent With Purpose; Earn Respect; Role-Model Happiness; Understand Psychodynamics; Encourage Thinking; and Manage Leverage. Parenting Outside The Box is not based on trends nor is it tied to a specific philosophy. As the author states in the Introduction: The strategies I present here are timeless. This program would have worked two thousand years ago and will work two thousand years in the future. Written...



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-- Beverly Hoppe

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